

## ***More Than 285,000 Maryland Adults Are Estimated to Need Substance Abuse Treatment***

An estimated 285,994 adults living in Maryland are in need of substance abuse treatment, according to a survey conducted by CESAR for the Maryland Alcohol and Drug Abuse Administration. The survey was part of a family of studies funded by the federal Center for Substance Abuse Treatment. Diagnostic interviews were conducted with household members and arrestees to determine the proportion of adults who met clinical criteria for abuse and/or dependence. The region with the greatest number of adults in need of treatment is Central Maryland (102,457), followed by the DC Metro area (70,982) and Baltimore City (58,316) (see table). Data such as these are essential to appropriate planning and allocating of treatment resources at the state and regional level.

**Estimated Percentage of Maryland Residents in Need of Treatment**  
(Based on DSM Criteria for Abuse/Dependence)

| Planning Area*                      | Estimated Number |
|-------------------------------------|------------------|
| Central Maryland                    | 102,457          |
| DC Metro                            | 70,982           |
| Baltimore City                      | 58,316           |
| Eastern Shore                       | 25,050           |
| Southern Maryland                   | 16,066           |
| Western Maryland                    | 13,123           |
| <b>Statewide Need for Treatment</b> | <b>285,994</b>   |

\*Central Maryland: Anne Arundel, Baltimore, Carroll, Harford, and Howard counties;  
DC Metro: Frederick, Montgomery, and Prince George's counties;  
Baltimore City: Baltimore City;  
Eastern Shore: Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot, Wicomico, and Worcester counties;  
Southern Maryland: Calvert, Charles, and St. Mary's counties; and  
Western Maryland: Allegany, Garrett, and Washington counties.

SOURCE: Yacoubian, Jr. G.S., Hsu M., Wish E.D. *Estimating the Need for Substance Abuse Treatment in Maryland: An Update of Reuter et al. (1998)*, May 2002. For more information, contact Eric Wish of CESAR at 301-403-8329.