

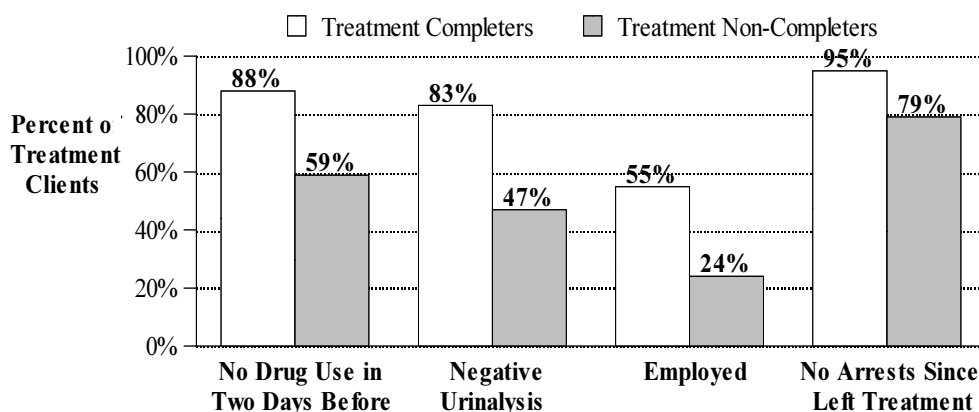
A Weekly FAX from the Center for Substance Abuse Research

University of Maryland, College Park

***CSAT Demonstration Program Shows That Second Genesis
Therapeutic Community for Women and Children Has Positive Effects***

Second Genesis set up Mellwood House to allow drug-addicted mothers to bring their children to residential treatment. Nearly one-half of Mellwood clients (48%) said that they would not have been interested in treatment if they had not been able to bring their children with them. Mellwood House follows a modified therapeutic community model that includes individual and group therapy, psychiatric/psychosocial evaluation, life skill training, health and nutrition education, adult basic education, and parenting classes. The CESAR evaluation found that women who completed treatment had significantly higher abstinence, employment, and arrest-free rates at follow-up (approximately eight months after leaving residential treatment) than did non-completers (see figure below). These findings suggest that this new treatment model allowing children to live with their mothers at the therapeutic community merits further adoption.

**Outcomes of Second Genesis Mellwood House Clients at Follow-Up,
by Treatment Completion, 1996-1998**



SOURCE: Susanna Nemes, Alicia Herman, Eric D. Wish, Leah Schwartzmann, Kenneth Petronis, and Jenny Piatetski, "Mothers in Drug Treatment with Their Children: Evaluation of Second Genesis Mellwood, Executive Summary," July 8, 1999. Copies of the Executive Summary are available from CESAR at 301-403-8329.

CESAR Research on Treatment of Antisocial Personality Disorder Clients Just Published

Nena P. Messina, Eric D. Wish, and Susana Nemes, "Therapeutic Community Treatment for Substance Abusers with Antisocial Personality Disorders," *Journal of Substance Abuse Treatment* 17(1-2):121-128, 1999. Originally summarized in CSAT by Fax, Volume 3, Issue 1 (January 14, 1998).

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