

A Weekly FAX from the Center for Substance Abuse Research

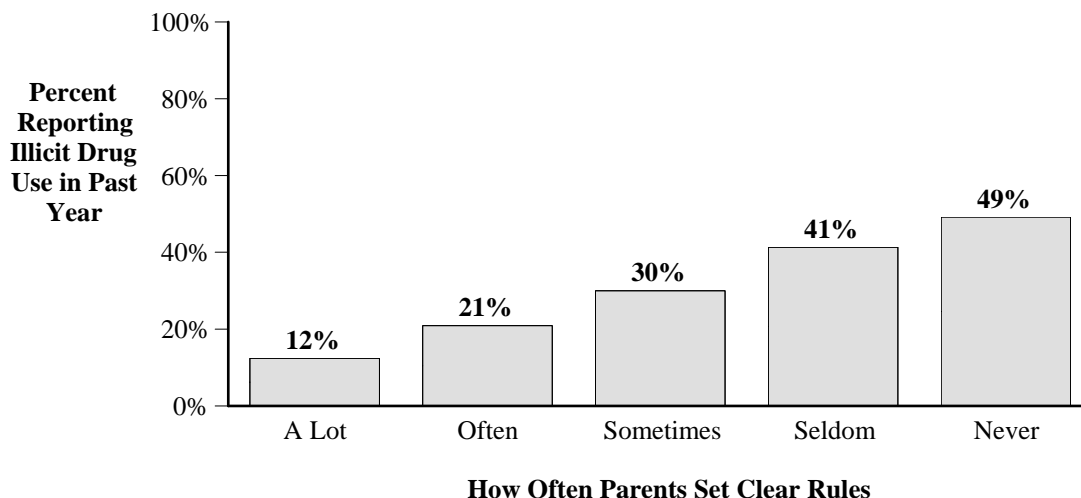
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***Students With Parents Who Set and Enforce Clear Rules
Less Likely to Report Illicit Drug Use***

Youths whose parents set clear rules for them are less likely to report using illicit drugs, according to data from the 2008-09 PRIDE Survey. Middle and high school students* whose parents set clear rules for them “a lot” or “often” were less likely to report using illicit drugs in the past year (12% and 21%, respectively) than students whose parents never set clear rules (49%). Similar results were found for having parents who punish them for breaking these rules (data not shown). Previous studies have found that youths living in households where parents kept track of their whereabouts and set curfews were less likely to report heavy drinking (see *CESAR FAX*, Volume 17, Issue 31).

**Percentage of Students (Grades 6 to 12) Reporting Illicit Drug Use in the Past Year,
by How Often Their Parents Set Clear Rules, 2008-09**

(N=122,243 students sampled from 25 states)



*The 2009 Pride Survey National Summary is based on the responses of 122,243 students selected from 447,532 students from 25 states who completed the Pride Survey for Grades 6 to 12 during the school year from August 2008 to June 2009. These students, while not drawn through a formal probability sampling process, do represent a broad cross-section of American youth. Results from previous years national summaries have tracked closely with nationwide surveys such as *Monitoring the Future*.

SOURCE: Adapted by CESAR from PRIDE, *Questionnaire Report for Grades 6 to 12, 2008-09 National Summary – Grades 6 thru 12, 2009*. Available online at <http://www.pridesurveys.com/customercenter/us08ns.pdf>.