

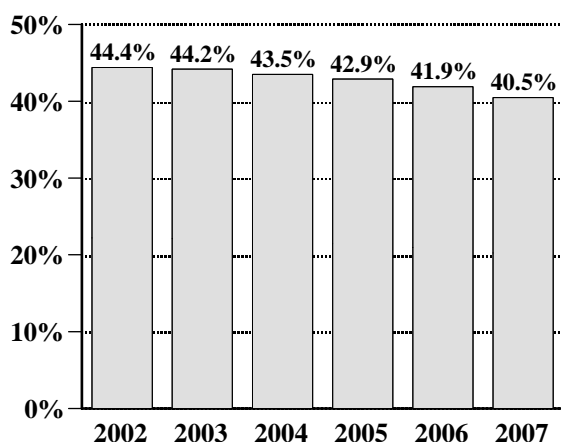
A Weekly FAX from the Center for Substance Abuse Research

University of Maryland, College Park

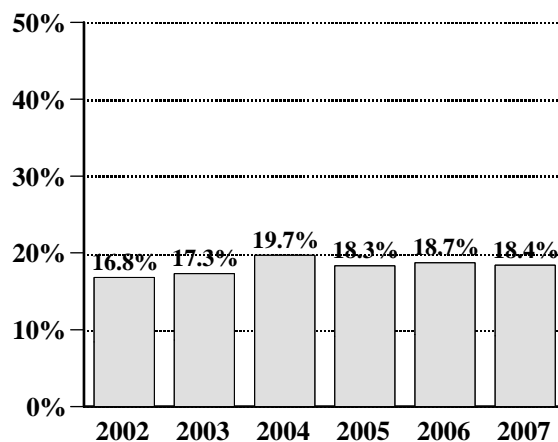
While Cigarette Smoking by Young Adult Males Has Declined, Cigar Smoking Remains Stable

Cigar smoking remains popular among young adult males, according to data from the National Survey on Drug Use and Health (NSDUH). Cigarette smoking in the past month among males ages 18 to 25 decreased from 44.4% in 2002 to 40.5% in 2007, mirroring declines in both the general population (see *CESAR FAX*, Volume 17, Issue 34), and among youth (see *CESAR FAX*, Volume 18, Issue 2). At the same time young adult males continue to smoke cigars. Nearly one in five males (18.4%) ages 18 to 25 reported smoking a cigar in the past month in 2007, compared to 16.8% in 2002 (see figure below). According to the authors, “it is important for young adults to understand—and for prevention and intervention programs to continue to emphasize—that cigar use is not a healthy alternative to cigarette smoking” (p. 3).

While Cigarette Smoking by Young Adult Males Has Declined . . .



. . . Cigar Smoking Remains Stable



SOURCE: Adapted by CESAR from Substance Abuse and Mental Health Services Administration (SAMHSA), Cigar Use Among Young Adults Aged 18 to 25, The NSDUH Report, January 15, 2009. Available online at <http://www.oas.samhsa.gov/2k8/cigars/cigars.cfm>.

Establish a Community Services Locator in Your County or State

Since 2007, CESAR has operated the interactive Maryland Community Services Locator (MDCSL) website (www.mdcsll.org), which allows users to quickly find detailed resource listings for a variety of Maryland community resources, including substance abuse treatment, housing services, and job readiness programs. If you are interested in establishing a community services locator in your county or state, CESAR can share lessons learned, provide consultant services, or manage the development of your program. Please send inquiries to mdcsll@cesar.umd.edu.