

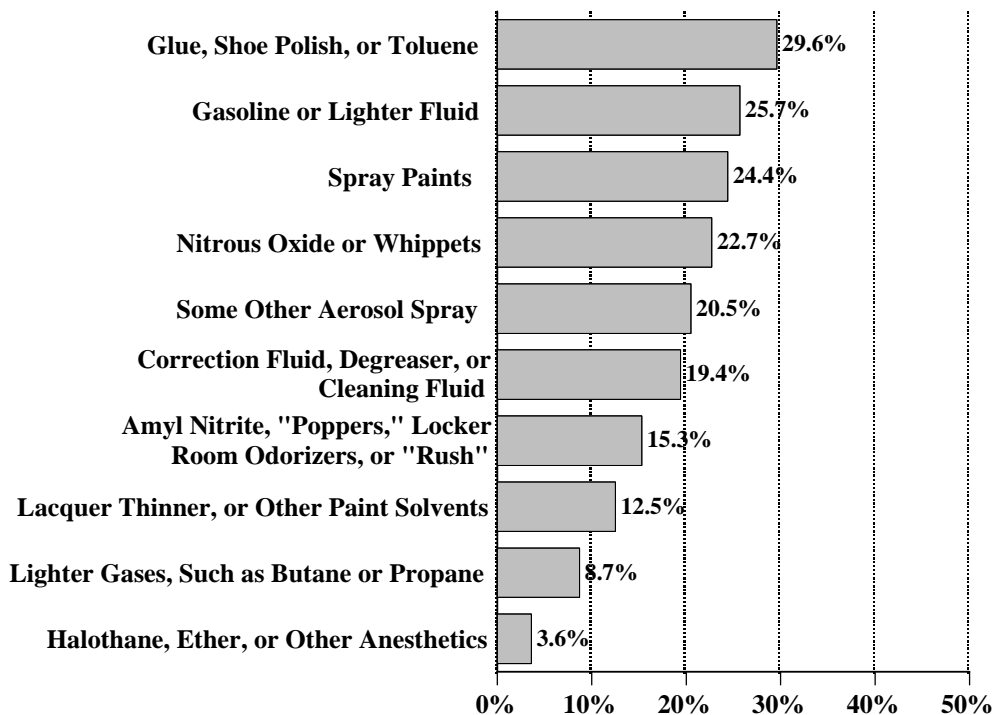
A Weekly FAX from the Center for Substance Abuse Research

University of Maryland, College Park

***More Than One-Half a Million Adolescents Use Inhalants for the First Time Each Year;
Commonly Available Products Most Likely to Be Used***

An annual average of 593,000 adolescents ages 12 to 17 use inhalants for the first time each year, according to combined data from the 2002 to 2006 National Household Survey on Drug Use and Health. The most frequently mentioned types of inhalant used were glue, shoe polish, or toluene (29.6%); gasoline or lighter fluid (25.7%); and spray paints (24.4%)—household products that are readily accessible to many youths. Younger adolescents (ages 12 to 15) were most likely to use these three types of inhalants, while older youths (ages 16 or 17) were more likely to use nitrous oxide or whippets (43.4% and 59.3%, respectively; data not shown). For more information about inhalant use, visit the National Inhalant Prevention Coalition's website at <http://www.inhalants.org>.

**Types of Inhalants Used by Youths Ages 12 to 17 Who Reported Using Inhalants
for the First Time in the Past Year, 2002 to 2006**



NOTE: The NSDUH defines inhalants as "liquids, sprays, and gases that people sniff or inhale to get high or to make them feel good."

SOURCE: Adapted by CESAR from Substance Abuse and Mental Health Services Administration, "Inhalant Use Across the Adolescent Years," *The NSDUH Report*, March 13, 2008. Available online at <http://www.oas.samhsa.gov/2k8/inhalants/inhalants.cfm>.

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The Governor's Office of Crime Control and Prevention funded this project under grant BJAG 2006-1206. All points of view in this document are those of the author and do not necessarily represent the official position of any State agency.